

# Development of the Trauma Narrative

Please provide sensory details, including **sights, sounds, smells, thoughts** and **feelings** throughout. What were you feeling? What were you thinking about?

## TRAUMA NARRATIVE QUESTIONS:

### Birth Experience

1. When did you first find out that there was a possibility you might have a premature birth? Do you remember any of the conversations with your doctor?
2. How did you feel when you first found out you were going to deliver early?
3. What do you remember about your birth experience?

### NICU Experience

4. What do you remember about the first time you saw your baby? What were your first thoughts about your baby? What were you feeling? Were you worried? Relieved? Happy? Excited?
5. Please tell me about the first time you visited your baby in the NICU. What was it like for you? Who was there? Were you surprised or shocked by anything you saw? What were you feeling when you first saw your baby?
6. Please tell me about your experiences since your baby has been here in the hospital, including any difficult or stressful medical events, procedures, or conversations/interactions with nurses or doctors.

### Posttraumatic Impact

7. What impact has this experience had on you and your family?
8. How has this experience affected your view of yourself?
9. How has this experience affected your sense of closeness with other people?
10. How has this experience affected your confidence and ability to handle difficult situations?