

# Participant Observer Worksheet - BABY

Interaction: \_\_\_\_\_

1. Your thoughts on how your baby experienced the interaction with you:

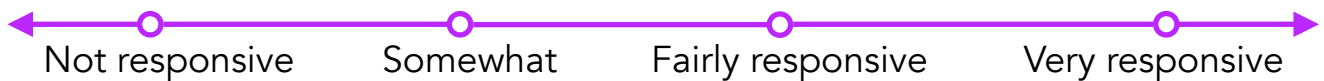
\_\_\_\_\_

\_\_\_\_\_

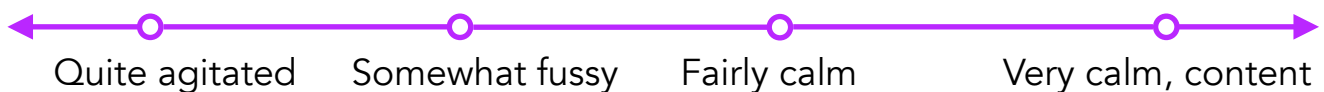
2. How awake and alert was your baby? (You can mark more than once if it varied.)



3. How responsive was your baby to you (for example: eyes widened, looking at you, turning towards your voice)? (You can mark more than once if it varied.)



4. How calm did your baby seem? (You can mark more than once if it varied.)



5. If your baby seemed uncomfortable or fussy, how easy was it to soothe them?



6. If your baby could speak, what do you think they would say to you during this interaction?

\_\_\_\_\_

\_\_\_\_\_

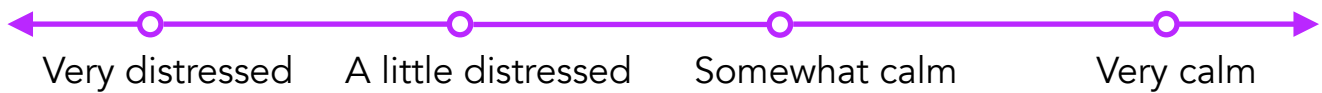
# Participant Observer Worksheet - PARENT

Interaction: \_\_\_\_\_

1. Your thoughts and feelings during the interaction:

\_\_\_\_\_  
\_\_\_\_\_

2. How calm were you during this interaction?



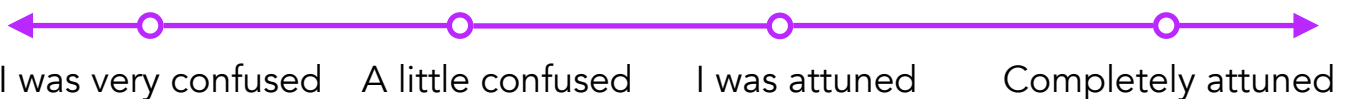
3. Did you have any positive or hopeful thoughts about your baby?

\_\_\_\_\_  
\_\_\_\_\_

4. Did you have any negative or worried thoughts about your baby?

\_\_\_\_\_  
\_\_\_\_\_

5. How well did you feel you understood your baby's needs during the interaction?



6. How emotionally connected and close did you feel to your baby?

