A comprehensive course book, an indispensable reference, and the ultimate resource for clinical care.

NEW!

SEVENTH EDITION

The American Psychiatric Association Publishing

TEXTBOOK of

PSYCHIATRY

EDITED BY

Laura Weiss Roberts, M.D., M.A.

www.appi.org

Edited by Laura Weiss Roberts, M.D., M.A.

The American Psychiatric Association Publishing Textbook of Psychiatry, first published more than 30 years ago, is a landmark text with a legacy of sound scholarship, expert knowledge, and effective pedagogy. Thoroughly revised and featuring new authors and content, the seventh edition raises the bar, adding age-related, cultural, societal, and population considerations in the practice of psychiatry to the authoritative text that generations of students, residents, and clinicians have heretofore relied upon.

The book first focuses on foundational knowledge, with chapters on psychiatric interviewing, diagnostic formulation, developmental assessment, laboratory testing and neuroimaging, and ethical and legal aspects of clinical psychiatry, and then proceeds to a full presentation of psychiatric disorders in alignment with DSM-5. The third section offers an overview of treatment strategies and methods in present-day psychiatry, a combination of evidence-based biological interventions and psychotherapies, and gives a clear sense of exciting new directions in psychiatric therapeutics. The final section of the textbook is focused on the care of special patient populations, including women; children and adolescents; lesbian, gay, bisexual, and transgender individuals; older adults; and culturally diverse individuals.

Many topics are new to this volume, including the following:

- Suicide risk assessment, a critically important subject, is addressed in a new chapter that provides the reader with up-to-date knowledge needed to conduct a thorough, attuned, and accurate psychiatric interview in line with best practices.
- A new chapter on the social determinants of mental health has been added, reflecting an increased emphasis on populations whose specific concerns have been historically underappreciated in American psychiatry, and illuminating factors that influence mental health needs and barriers to care in specific patient populations.
- Precision psychiatry, an integrative approach that pulls together the scientific foundation of the discipline and recent technological advances and directs them toward closing the gap between discovery and clinical translation, is explored in a new chapter.
• E-health strategies in mental health have become increasingly available to psychiatrists and other health professionals, especially in the mobile and monitoring spheres. A new chapter offers insights into these intriguing new options for delivering treatment.

• A chapter on complementary and integrative therapies explores the integration of conventional medicine with alternative treatments for which there is an evidence base, providing an overview of nutrients, phytomedicines, hormones, mind-body practices, and electromagnetic treatments.

With features such as key clinical points and recommended readings for further study, *The American Psychiatric Association Publishing Textbook of Psychiatry* is a comprehensive course book, an indispensable reference, and the ultimate resource for clinical care.

**Contents:**
About the Editor:

Laura Weiss Roberts, M.D., M.A., is Katharine Dexter McCormick and Stanley McCormick Memorial Professor and Chairman of the Department of Psychiatry and Behavioral Sciences at Stanford University School of Medicine, Stanford, California.

Praise for the Seventh Edition

For all mental health practitioners, all medical practitioners concerned with behavioral health and its integration into holistic care, and for consumers of mental health services, the seventh edition of APA Publishing's Textbook of Psychiatry is an indispensable tool and reference to inform practice, life-long learning, and shared decision-making. Comprehensive in scope, this volume reflects admirably the enormous breadth of psychiatric, neuropsychiatric, and behavioral sciences that have continued to evolve. The Textbook of Psychiatry bridges contemporary scientific streams and practice in a balanced and forward-looking way that is rarely achieved. Praise is due to the senior editor, Laura Roberts, for the vision she has brought to this undertaking.”—Charles F. Reynolds III, M.D., Distinguished Professor of Psychiatry and UPMC Endowed Professor in Geriatric Psychiatry emeritus, University of Pittsburgh School of Medicine

The field of psychiatry, like all of medicine, is deepening in knowledge and skills and broadening in its ability to reach suffering patients. It can be challenging for practitioners to keep up. Yet ongoing practitioner education is critical to our patients and our ability to work together. APA Publishing’s textbook has always provided one of the most useful and efficient ways for practicing clinicians to stay abreast of important developments in psychiatric thinking and practice. This textbook is also an important way for those in our sister mental health professions to understand the psychiatric profession as we work with them (in the words of editor-in-chief Laura Roberts) “shoulder to shoulder”.—M. Katherine Shear M.D., Marion E. Kenworthy Professor of Psychiatry, Columbia University School of Social Work, Columbia University College of Physicians and Surgeons, Director, Center for Complicated Grief

In this outstanding new seventh edition of the American Psychiatric Association Publishing Textbook of Psychiatry, Laura Roberts has brought together many of the field’s luminaries to provide students and practitioners in all branches of the mental health professions the best currently available single volume textbook spanning the entire field. Covering the broad scope of our rapidly changing scientific and clinical domains, following the tradition of its esteemed predecessors, the chapters in this edition offer novices and experts the most contemporary perspectives, frameworks and evidence necessary to assure intellectual mastery and best clinical practices.”—Joel Yager, M.D., Professor, Department of Psychiatry, University of Colorado School of Medicine, Professor Emeritus, Department of Psychiatry and Biobehavioral Sciences, David Geffen School of Medicine, UCLA

The field of psychiatry is large; it contains multitudes...disorders, comorbidities, symptoms, approaches, techniques, talk, relationship and learning therapies, devices, drugs, nutritional, and well-being approaches. It is beyond daunting to aspire to be a fully informed generalist, to receive all of its evidence, wisdom and art. Thus, we still count on foundational resources to embrace it all, whether so we might learn comprehensively or plug a gap in expertise. This is the place for such a volume.”—Jerrold F. Rosenbaum, M.D., Chief of Psychiatry, Massachusetts General Hospital, Stanley Cobb Professor of Psychiatry, Harvard Medical School
Your first choice among comprehensive psychiatry textbooks!

- **Board Preparation** — Ideal for use in preparing for boards
- **Chapter Authors** — More than 55 new authors, including the leading authorities in their specialties with outstanding expertise in research, education, and treatment
- **New Chapters** — There are 7 entirely new chapters added
- **Peer-Reviewed** — Rigorously peer-reviewed and updated to reflect the rapidly changing profession
- **Comprehensive But Concise** — Inclusion of essential information eases information overload
- **Key Clinical Points** — Each chapter ends with 5-10 key points and recommended readings, not only for the clinician, but also for referral to patients and family members

Subscribe to DSM Select on PsychiatryOnline.org

The DSM Select subscription includes online access to:

- DSM-5®
- Practice Guidelines
- Journals, including *The American Journal of Psychiatry* and *Psychiatric Services*

Interested in an institutional subscription?
Please contact us at institutions@psych.org or call 1-800-368-5777 or 202-559-3729 for more information and a subscription rate quote.
## ORDER FORM

<table>
<thead>
<tr>
<th>Item #</th>
<th>Quantity</th>
<th>Title</th>
<th>Price</th>
<th>$ Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**20% Discount** for American Psychiatric Association Members  
**25% Discount** for APA Resident-Fellow Members (RFMs)

If you wish to buy 50 or more of the same title, please go to www.appi.org/specialdiscounts

**Method of Payment**

- Check enclosed (Payable to American Psychiatric Association Publishing)  
- Charge my:  
  - VISA  
  - MasterCard  
  - American Express  
  - All orders must be prepaid.

<table>
<thead>
<tr>
<th>Credit Card Number</th>
<th>Expiration Date</th>
<th>Security Code</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Signature**  
**Date**

**Shipping**

- Business  
- Residential  

All orders are shipped via UPS to a street address, no P.O. boxes, please.

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>City</th>
<th>State</th>
<th>Zip Code</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Daytime Telephone**  

**Email** (for notification of shipment of your order)

Please send me email alerts about new titles, important information, and free content. I understand that my email address will not be used by any organization other than American Psychiatric Association Publishing. To sign up online, please visit www.appi.org.

**Placing Your Order**

Call Toll-Free  
1-800-368-5777, 202-459-9722 Mon-Fri., 8:30 a.m.-6:00 p.m., ET  
202-403-3094  
www.appi.org  
appi@psych.org

American Psychiatric Association Publishing  
Attn: Customer Service Department  
P.O. Box 896647  
Charlotte, NC 28289-6647

Follow us on:  
Facebook  
Twitter  
Recycle

**Payment**

All prices are in U.S. dollars and subject to change without notice. Orders must be prepaid. Personal checks drawn on U.S. banks, money orders, VISA, MasterCard, and American Express are accepted. Credit card orders must include a billing/shipping address, card expiration date, daytime telephone number, and signature.

**Customer Service**

Questions about your order may be directed to 1-800-368-5777 or 202-459-9722.

**Delivery**

Standard delivery (U.S. only) via UPS to P.O. boxes, please. Delivery in approximately 5 business days of receipt of order. Contact customer service at 202-459-9722 for additional delivery options.

Priority Code: DH1911A

**Shipping & Handling (US only)**

<table>
<thead>
<tr>
<th>Order Total</th>
<th>Shipping &amp; Handling</th>
<th>Sales Tax</th>
<th>(shipping to DC &amp; SC add 6%; IL add 6.25%)</th>
<th>GRAND TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>$49.99 or less</td>
<td>$8.95</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$50 - $99.99</td>
<td>$13.95</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$100 - $149.99</td>
<td>$15.95</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$150 - $499.99</td>
<td>$19.95</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$500 - $999.99</td>
<td>$24.95</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$1,000 and over</td>
<td>2.5% of order total</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Ordering Information**

American Psychiatric Association  
800 Maine Ave, SW, Suite 900  
Washington, DC 20024

www.appi.org